



Shari's Story

We have four beautiful daughters who were all delivered by the Vanderbilt Nurse Midwives. It was our desire to have a natural birth but in a hospital just in case something went wrong, which is the service the midwives provide.

My first two were born naturally and my second two I chose to get an epidural. The midwives always supported me in my decisions. I am a very private person, so the fact that the midwives have many less invasive methods than doctors was spectacular. One of my favorite services that the midwives offered as my babies grew inside my belly, was to feel my belly and tell me about how big she was, where her head was, where her bottom was, and what was a foot/hand/elbow. It allowed me to get to know my baby on a deeper level even before she was born.

We are so grateful for the loving care the midwives have given us.

~ Shari O.

